



Innsbruck Alpine Trailrun Festival 2022 - K15 Rookie Trailrun

course		distance (km)	distance to finish (km)	passage time fast*	passage time slow*	cut-off-time
Hall in Tyrol			15,3	16:00		
Hall in Tyrol	Herzsee	7,9	5,2	16:37	17:35	
Herzsee	Innsbruck	13,2	0,0	17:07	19:07	19:15

Start: Hall in Tirol

Finish: Innsbruck

Remarks:

* Passage times calculated with 14 km/h and 6 km/h according to the distance-time formula including altitude difference. Information is subject to change. Adjusted starting times possible.

